

Provincial Inventory of PCN Tobacco Cessation Programs

Zone	PCN	Community	Program	Targeted Clients	Type of Program	Referral Process	Contact Info
*Calgary	Bow Valley	Across PCN	QuitCore group cessation program	Want to quit smoking	Group	Self-Referral	403-675-3000 www.bowvalleypcn.ca
Calgary	Calgary Foothills	Across PCN	Tobacco Cessation Sessions (4 classes with follow up)	Want to quit smoking	Group	Physician Referral	403-284-3726 www.cfpcn.ca
Calgary	Calgary Rural	Across PCN	Smoking cessation group (4 weekly sessions)	Want to quit smoking	Group	Physician or Self-Referral	www.crpcn.ca East of highway 2 403-901-0142 West of highway 2 403-652-1654
*Calgary	Highland	Across PCN	QuitCore group sessions offered through PCN	Want to quit smoking	Group	Self-Referral	587-287-1727 www.hpcn.ca
*Calgary	Mosaic	Across PCN	Tobacco Cessation Classes (3 Classes with follow up)	Want to quit smoking	Group	Self-Referral	403-250-5059 www.mosaicpcn.ca
*Calgary	South Calgary	Across PCN	Smoking Cessation Program	Want to quit smoking	Individual	Physician Referral	403-256-3222 www.scpcn.ca
Central	Big Country	Drumheller, Three Hills, Hanna, Stettler, 3Cs	Tobacco Cessation Counselling QuitCore	Want to quit smoking	Individual Group	Self-Referral	403-442-2252 http://www.bigcountrypcn.com
Central		Camrose	Healthy Living Centre- Tobacco Cessation individual counselling Quitcore Group	Want to quit smoking	Individual Group	Self-Referral Physician Referral	780-678-3414 MSK Clinic 780-608-8683 AHS Healthy Living Centre

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*Central	Drayton Valley		No "specific" tobacco program; offer tobacco cessation supports through CDM program; general intake, smoking is identified; behavioural changes/healthy lifestyle group classes; 1:1 support, counselling, motivation; referral to pharmacy for med support and info	Adults with chronic diseases specifically Diabetes	Individual Group	Physician Referral	587-464-0228 http://www.draytonvalleypcn.ca/
*Central	Kalyna Country						780-603-4455-Vegreville http://www.kalynapcn.ca/
Central	Lloydminster		Individual cessation counselling	Want to quit smoking	Individual	Physician Referral	780-874-0490 http://www.lloydpcn.ca
*Central	Red Deer		Tobacco Free (Family Nurse individual Quit smoking program) provide 1:1 counselling based on Mayo Clinic model of motivational interviewing; see patients 4 times in person and then follow up by phone as recommended by evidence	Want to quit smoking	Individual	Physician Referral	403-343-9100 http://www.reddeerpcn.com
Central	Peaks to Prairies	Olds, Sundre	Tobacco Cessation 1:1 counselling; QuitCore offered twice/year in each community and co-facilitated by PCN, Community Pharmacist and AHS Addictions Worker	Want to quit smoking	Individual Group	Self or Physician Referral	ph: 403-559-8036 http://www.peakstoprairiespcn.com/
*Central	Provost	Provost					780-753-2271 www.provostpcn.com
Central	Rocky Mountain House	Rocky Mountain House	Tobacco Cessation 1:1 counselling Quitcore	Want to quit smoking	Individual Group	Self or Physician Referral	ph. 403-845-3050 http://www.rockypcn.com/
Central	Wainwright	Wainwright	CDM nurse will address this with clients as appropriate. Quitcore	Want to quit smoking	Individual Group	Self-Referral	ph: 780-842-6676 http://wainwrightpcn.ca

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Central	Wetaskiwin		QuitCore group cessation	Want to quit smoking		Self-Referral	Alberta Healthy Living Program- 1866-710-7848 http://www.wetaskiwinpcn.ca/
*Central	Wolf Creek	Sylvan, Lacombe, Ponoka, Rimbey	Tobacco Cessation two session individual each community - QuitCore in Rimbey	Want to quit smoking		Self-Referral	403-782-1408 http://www.wolfcreekpcn.com/

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Edmonton	Alberta Heartland	Fort Saskatchewan	Tobacco Cessation individual counselling Quitcore Group	Want to quit smoking	Individual and Group	Self-Referral and Physician Referral	780-997-0046 www.albertaheartlandpcn.com
Edmonton	Edmonton North		Tobacco Cessation individual counselling (Northgate) QuitCore Group (Rundle Health Centre)	Want to quit smoking	Individual and Group	Physician Referral (at Northgate) Self-Referral (Quitcore)	780.473.7131 https://www.enpcn.com
Edmonton	Edmonton Southside		QuitCore Group	Want to quit smoking	Group	Self-Referral	780.395.2626 http://www.edmontonsouthsidepcn.ca
*Edmonton	Westview	Spruce Grove, Stony Plain, Parkland County	Smoking Cessation Class - 3 session program	Want to quit smoking	Group	Self-Referral	780-960-9533 Ext226 http://www.westviewpcn.ca/
Edmonton	Edmonton West		Tobacco Cessation individual counselling Tobacco Reduction Education group workshops	Want to quit smoking	Individual and Group	Physician Referral	780-443-7477 www.edmontonwestpcn.com
Edmonton	Edmonton Oliver		Intensive Tobacco Cessation	Want to quit smoking	Individual	Physician Referral	780-453-3757 www.eopcn.ca
Edmonton	Leduc Beaumont Devon		Tobacco Cessation individual counselling	Want to quit smoking	Individual	Self-Referral	780-986-6624 www.lbdpcn.com
Edmonton	Sherwood Park Strathcona	Sherwood Park	Tobacco Cessation individual counselling Quitcore Group	Want to quit smoking	Individual and Group	Self-Referral	780-410-8000 http://www.sherwoodparkpcn.com
Edmonton	St Albert Sturgeon	St. Albert, Sturgeon County, Morinville, Legal	Tobacco Cessation individual counselling	Want to quit smoking	Individual	Self-Referral	780-419-2214 http://www.stalbertsturgeonpcn.com
*North	Aspen		Break Free (3 Session) Group	Want to quit smoking	Group	Self-Referral	780-349-4033 www.aspenpcn.ca

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North	Bonnyville	All in PCN	Tobacco Cessation individual counselling	Want to quit smoking	Individual	Self-Referral and Physician Referral	780-826-3346 www.bonnyvillepcn.ca	
*North	Cold Lake	All in PCN	Targeted Care	Want to quit smoking	Individual	Physician Referral	780-639-0011 www.coldlakepcn.ca	
*North	Big Horn	Grande Cache, Hinton					780-827-2540 www.bighornpcn.com	
North	Grande Prairie		SmokeLess Program	Want to quit smoking age 14+, and adults	Group	Self-Referral	780-539-9204 www.grandeprairiepcn.com	
*North	Lakeland	All in PCN	Smoking Cessation education as part of office based nursing	Want to quit smoking	Individual	Physician Referral	780-645-4411 http://www.lakelandpcn.com	
North	McLeod River	Whitecourt, Edson, Fox Creek, Mayerthorpe	Tobacco Cessation individual counselling	Want to quit smoking	Individual	Physician PCN referral	780-779-0079 http://mrpcn.ca	
*North	Northwest	High Level	Not Offered				780-841-3203 www.nwpcn.pcnpmo.ca	
North	Peace Region		Tobacco Cessation individual counselling	Want to quit smoking	Individual	Self-Referral	780-332-4696 www.prpcn.ca	
*North	Saddle Hills	Sexsmith/Spirit River	Tobacco Awareness Program	Want to quit smoking	Individual	Self-Referral	780-568-2277 www.smsrpcn.ca	

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North	Wood Buffalo	WB PCN partnership with MH&A to offer smoking cessation to clients in Rehab facility	Smoking Cessation 1:1 sessions available with two pharmacists and RT.	Want to quit smoking	Individual	Self-Referral	780-714-2193 www.wbpcn.ca

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South	Chinook	All communities	Tobacco Cessation individual counselling Quitcore group	Want to quit smoking, using smokeless tobacco or tobacco like product	Individual Group	Self-Referral	403-388-6510 www.chinookprimarycarenetwork.ab.ca
*South	Palliser	All communities	Trac Training Quit Core	want to quit/reduce smoking	Individual	Self-Referral Physician Referral	403-502-8648 www.palliserpcn.ca

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