

## Provincial Inventory of PCN Tobacco Cessation Programs

Zone	PCN	Community	Program	Targeted Clients	Type of Program	Referral Process	Contact Info
Calgary	Bow Valley	Delivered in partnership with AHS - AHS to provide details of communities where this program is delivered	QuitCore group cessation program	Want to quit smoking	Group	Public Self-Referral	403-675-3000 <a href="http://www.bowvalleypcn.ca">www.bowvalleypcn.ca</a>
Calgary	Calgary Foothills	Across PCN	Tobacco Cessation Sessions (4 classes with follow up)	Want to quit smoking	Group	Physician Referral	403-284-3726 <a href="http://www.cfpcn.ca">www.cfpcn.ca</a>
Calgary	Calgary Rural	6 communities within PCN unspecified	Healthy foundations includes tobacco cessation as one component	Want to quit smoking	Group	Physician Referral	403-968-3753 <a href="http://www.crpcn.ca">www.crpcn.ca</a>
Calgary	Calgary West Central	Across PCN	Tackling Tobacco Together (4 weekly sessions)	Want to quit smoking	Group	Physician Referral	403-258-2745 <a href="http://www.makinghealthhappen.com">www.makinghealthhappen.com</a>
Calgary	Highland	Across PCN	QuitCore group sessions offered through PCN	Want to quit smoking	Group	Public Self-Referral	587-360-1702 <a href="http://www.hpcn.ca">www.hpcn.ca</a>
Calgary	Mosaic	Across PCN	Tobacco Cessation Classes (3 Classes with follow up)	Want to quit smoking	Group	Public Self-Referral	403-250-5059 <a href="http://www.mosaicpcn.ca">www.mosaicpcn.ca</a>
Calgary	South Calgary	Across PCN	Smoking Cessation Program	Want to quit smoking	Individual	Physician Referral	403-256-3222 <a href="http://www.scpcn.ca">www.scpcn.ca</a>
Central	Big Country	Drumheller, Three Hills, Hanna, Stettler, 3Cs	Tobacco Cessation and AHS partner for QuitCore	Want to quit smoking	Individual	Physician Referral	403-442-2252 <a href="http://www.bigcountrypcn.com">http://www.bigcountrypcn.com</a>
Central	Camrose		Refer to the Healthy Living Centre (AHS services)	Want to quit smoking		Physician Referral	780-608-8683 <a href="http://www.camrosepcn.com">www.camrosepcn.com</a>
Central	Drayton Valley		No "specific" tobacco program; offer tobacco cessation supports through CDM program; general intake, smoking is identified; behavioural changes/healthy lifestyle group classes; 1:1 support, counselling, motivation; referral to pharmacy for med support and info	Adults with chronic diseases specifically Diabetes	Individual Group	Physician Referral	<a href="http://www.draytonvalleypcn.ca/">http://www.draytonvalleypcn.ca/</a>

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Central	Kalyna Country						<a href="http://www.kalynapcn.ca/">http://www.kalynapcn.ca/</a>
Central	Lloydminster		Kick Butt individual cessation counselling and QuitCore	Want to quit smoking	Individual	Physician Referral	780-874-0490 <a href="http://www.lloydpcn.ca">http://www.lloydpcn.ca</a>
Central	Red Deer		Tobacco Free (Family Nurse individual Quit smoking program) provide 1:1 counselling based on Mayo Clinic model of motivational interviewing; see patients 4 times in person and then follow up by phone as recommended by evidence	Want to quit smoking	Individual	Physician Referral	403-343-9100 <a href="http://www.reddeerpcn.com">http://www.reddeerpcn.com</a>
Central	Peaks to Prairies	Olds, Innisfail and Sundre	Tobacco Cessation 1:1 counselling; 3 Case Coordinators have completed 2d TRAC training and use that as a basis for their counselling. Also access resources available through AlbertaQuits	Want to quit smoking		Physician Referral	ph: 403-559-8036 <a href="http://www.peakstoprairiespcn.com/">http://www.peakstoprairiespcn.com/</a>
Central	Provost	Provost	Nothing mentioned				
Central	Rocky Mountain House		Tobacco Cessation	Want to quit smoking		Physician Referral	ph. 403-845-3050 <a href="http://www.rockypcn.com/">http://www.rockypcn.com/</a>
Central	Wainwright	Wainwright	Do not have a tobacco cessation program per se but CDM nurse has attended training courses and will address this with clients as appropriate				
Central	Wetaskiwin		QuitCore group cessation	Want to quit smoking		PCN Patient Self-Referral	780.312.2500 <a href="http://www.wetaskiwinpcn.ca/">http://www.wetaskiwinpcn.ca/</a>
Central	Wolf Creek	Sylvan, Lacombe, Ponoka, Rimbey	Tobacco Cessation two session individual each community - QuitCore in Rimbey	Want to quit smoking		PCN Patient Self-Referral	<a href="http://www.wolfcreekpcn.com/">http://www.wolfcreekpcn.com/</a>
Edmonton	Alberta Heartland	Fort Saskatchewan	Tobacco Cessation individual counselling	Want to quit smoking	Individual	Public Self-Referral	780-997-0046 <a href="http://www.albertaheartlandpcn.com/Services/Pages/Smoking.aspx">http://www.albertaheartlandpcn.com/Services/Pages/Smoking.aspx</a>

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Edmonton	Edmonton North		Tobacco Cessation	Referred to other tobacco cessation programs	Group	Physician Referral	780.473.7131 <a href="https://www.enpcn.com">https://www.enpcn.com</a> 780.395.2626
Edmonton	Edmonton Southside		QuitCore group program	Want to quit smoking	Group	Public Self-Referral	<a href="http://www.edmontonsouthsidepcn.ca/Pages/default.aspx">http://www.edmontonsouthsidepcn.ca/Pages/default.aspx</a>
Edmonton	Westview	Spruce Grove, Stony Plain, Parkland County	Smoking Cessation Class - 3 session program	Want to quit smoking	Group	Public Self-Referral	780-960-9533 Ext226 <a href="http://www.westviewpcn.ca/">http://www.westviewpcn.ca/</a> 780-443-7477
Edmonton	Edmonton West		Tobacco Reduction Education Program - workshop's can be self-referral	Want to quit smoking	Group	Public Self-Referral	<a href="http://www.edmontonwestpcn.com/workshops/tobacco-reduction-education-program">http://www.edmontonwestpcn.com/workshops/tobacco-reduction-education-program</a>
Edmonton	Edmonton Oliver		QuitCore group program - 5 week program for PCN clients only	Want to quit smoking	Group	Physician Referral	Register by calling Sara Strang at 780-701-5542 <a href="http://www.edmontonoliverpcn.com/programs-services/upcoming-classes/quitcore/">http://www.edmontonoliverpcn.com/programs-services/upcoming-classes/quitcore/</a>
Edmonton	Leduc Beaumont Devon	Leduc	Smoking Cessation program - one on one	Want to quit smoking	Individual	Public Self-Referral	Contact Nandini Desai at 780-986-6624 <a href="http://www.lbdpcn.com/Services/Pages/SmokingCessation.aspx">http://www.lbdpcn.com/Services/Pages/SmokingCessation.aspx</a>
Edmonton	Sherwood Park Strathcona	Sherwood Park	Tobacco Reduction and Cessation - one on one	Want to quit smoking	Individual	Public Self-Referral	<a href="http://www.sherwoodparkpcn.com/Services/tobacco/Pages/default.aspx">http://www.sherwoodparkpcn.com/Services/tobacco/Pages/default.aspx</a> 780-419-2214 ext. #0 <a href="http://www.stalbertsturgeonpcn.com/sessions/smoking-cessation.html">http://www.stalbertsturgeonpcn.com/sessions/smoking-cessation.html</a>
Edmonton	St Albert Sturgeon	St. Albert	Smoking Cessation - 3 classes	Want to quit smoking	Group	Physician Referral	
North	Aspen		Break Free (3 Session) Group	Want to quit smoking	Group	Public Self-Referral	780-349-4370 <a href="http://www.aspenpcn.ca">www.aspenpcn.ca</a>
North	Bonnyville	All in PCN	Tobacco listed under Chronic Disease Management Program	Want to quit smoking	Individual	Physician Referral	780-826-5143 <a href="http://www.bonnyvillepcn.ca">www.bonnyvillepcn.ca</a>
North	Cold Lake	All in PCN	Targeted Care	Want to quit smoking	Individual	Physician Referral	780-639-0011 <a href="http://www.coldlakepcn.ca">www.coldlakepcn.ca</a>
North	Grande Cache		Not offered				780-827-2540 <a href="http://www.grandecachepcn.com">www.grandecachepcn.com</a>

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North	Grande Prairie		Not offered				780-539-9204 <a href="http://www.grandeprairiepcn.com">www.grandeprairiepcn.com</a>
North	Lakeland	All in PCN	Smoking Cessation education as part of office based nursing	Want to quit smoking	Individual	Physician Referral	<a href="http://www.lakelandpcn.com">http://www.lakelandpcn.com</a> or phone 1-877-349-5711
North	McLeod River		Not offered				780-779-0079 <a href="http://mrpcn.ca">http://mrpcn.ca</a>
North	Northwest		Not Offered				780-841-3203 <a href="http://nwpcn.albertapci.ca">http://nwpcn.albertapci.ca</a>
North	Peace Region		PCN - Act program offered in the Health Promotion initiative				780-618-4300 <a href="http://www.prpcn.ca">www.prpcn.ca</a>
North	Sexsmith/Spirit River		Tobacco Awareness Program	Want to quit smoking	Individual	PCN Patient Self-Referral	250-219-0695 <a href="http://www.smsrpcn.ca">www.smsrpcn.ca</a>
North	West Peace		PCN - Act program offered in the Health Promotion and weight management initiative				780-354-8993
North	Wood Buffalo	WB PCN partnership with MH&A to offer smoking cessation to clients in Rehab facility	Smoking Cessation 1:1 sessions available with two pharmacists and RT.	Want to quit smoking	Individual	Public Self-Referral	780-788-1765 <a href="http://www.wbpcn.ca">www.wbpcn.ca</a>
South	Chinook	All communities	Tobacco Cessation options ranging from well developed group programs, 1:1 sessions with pharmacists or nurses, or physicians offering medication options; Clinic specific - both one on one and QuitCore; referring patients to online sources especially Alberta Quits	Clinical indicator begins with asking if they smoke; if yes, cessation options may be offered and readiness of change is assessed, then options for cessation are provided for those who want to quit using tobacco either cigarettes or chewing	Individual Group	Patients can refer themselves within a clinic or Practitioner referral	403-388-6510 <a href="http://www.chinookprimarycarenetwork.ab.ca">www.chinookprimarycarenetwork.ab.ca</a>

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South	Palliser	All communities	Trac Training Quit Core	want to quit/reduce smoking	Individual	self/physician/other	403-502-8648 <a href="http://www.palliserpcn.ca">www.palliserpcn.ca</a>